



VITAMINS & SUPPLEMENTS



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1-888-906-4604

PURITY

POTENCY

QUALITY



# BIO-TECH PHARMACAL'S MISSION

Support health worldwide  
by producing pure, potent,  
and high-quality dietary  
supplements.

**Bio-Tech Pharmacal started with a mission of producing cleaner and more potent pharmaceutical-grade nutraceuticals with a higher standard of quality.**

For more than 35 years, we've remained focused on Purity, Potency, and Quality. Our winning formula is a combination of great employees, the purest raw materials, and an unwavering commitment to quality. A commitment that all our products are manufactured with the most bio-available, hypo-allergenic raw materials and void of dyes, talc, binders, artificial colors, and synthetic flavors (when possible).

Our on-site doctors and scientists provide us with the best formulations to meet the needs of our customers. Our production staff operates state-of-the-art equipment, all to cGMP and NSF standards. Our determined commitment to quality leads us all around the globe in search of the purest raw materials regardless of price. Trustworthy suppliers who consistently deliver high-quality ingredients build our foundation. Raw materials are strenuously tested by DB Science [an independent ISO/IEC 17025:2017 accredited laboratory] according to our strict personal quality standards, testing for identity, strength, and contamination. If products fail to meet our expected standards they're rejected and destroyed. This effort at a higher standard doesn't go unnoticed either.

More than 100 top research institutions, universities, hospitals, and clinics respect the requirements we use to manufacture our products. They request us personally when they need pharmaceutical-grade vitamins. Sloan-Kettering, the Mayo Clinic, National Institute of Allergy and Infectious Diseases, and Harvard Medical all know that they can consistently rely on our quality-tested products being the purest available. That reliability is established through years of the finest quality employees manufacturing the finest quality products from only the finest quality raw materials. The seal on our bottle is us making that same promise of quality to you.

# MADE IN THE USA



Nestled up among the hills of Arkansas – the Natural State – our full-capacity manufacturing and production facility operates with environmental protection regulations and current Good Manufacturing Practices [cGMP].

Only the purest raw materials from across the globe are brought to our facility where they undergo additional testing before being blended, encapsulated, and packaged for distribution all on-site with continuous testing throughout every step of the process. This allows us complete control over the potency and purity of our product from active ingredient all the way to finished product, guaranteeing it meets our highest standards.

Bio-Tech is committed to innovation and the development of high-quality, all-natural products. Our dedicated staff of specialists and a highly-talented scientific support

team both work in tight collaboration with leading doctors and healthcare professionals to create new vitamins and supplements that will best support a healthier and more active lifestyle, optimizing your health for a better tomorrow.

Dedication to purity and a healthy scientific rigor is the foundation for each Bio-Tech product. Maintaining integrity through every step of production leads to a product that we can be proud of, a product we can guarantee was produced to the highest levels of quality and safety right here in the United States.

## RESEARCH PARTNERS

BIO-TECH PHARMACAL IS PROUD TO HAVE MORE THAN 100 RESEARCH AFFILIATIONS

Research institutions rely on Bio-Tech products to aid in scientific advancements because our unique products are manufactured with only the purest raw materials and under the highest levels of quality inspection.

- Autoimmunity Centers of Excellence
- Center for Autism and Related Disorders
- Charles Drew University of Medicine and Science
- Children's Hospital of Philadelphia
- Cleveland Clinic
- Cystic Fibrosis Therapeutics Foundation
- Emory Global Health Institute
- Eunice Kennedy Shriver National Institute of Child Health and Development
- Feinstein Institute for Medical Research
- Grassroots Health
- Harvard – Brigham and Woman's Hospital
- Mayo Clinic
- Medical College of Georgia
- Memorial Sloan-Kettering Cancer Center
- Mount Sinai School of Medicine
- National Center of Tuberculosis and Lung Diseases
- National Institute of Allergy and Infectious Diseases
- National Institute of Mental Health
- National Institute on Aging (NIA)
- National Institute on Drug Abuse
- National Jewish Health
- National Kidney Foundation
- Oregon Health and Science University
- Pennsylvania State University College of Medicine
- Republic of Georgia National Tuberculosis Program
- Rollins School of Public Health
- Rutgers University
- The International Heart Institute of Montana
- The University of Chicago Medical Center
- Tufts University – Jean Mayer USDA Human Nutrition Research Center on Aging
- University Hospital Case Medical Center
- University of Arkansas for Medical Sciences
- University of California, San Diego
- University of Colorado Integrative Physiology on Aging Laboratory
- University of Florida College of Medicine
- University of Kansas Medical Center
- University of Michigan Medical Center
- University of Minnesota – Clinical and Translational Science Institute
- University of North Carolina School of Medicine
- University of Rochester Medical Center
- University of Wisconsin – Madison
- ... and many more





## ORDERING

In stock orders placed before 3:00 PM (CST) are shipped the same day. Shipping by ground is paid in the 48 contiguous states on orders over \$50.00, with a \$10.00 shipping charge for wholesale domestic orders under \$100.00. Alaska, Hawaii, and international shipments may incur additional shipping charges.

**RETURN GOODS POLICY:** With prior written authorization, credit issued the same as original invoice on **UNOPENED, UNMARKED**, merchandise **NOT OVER 30 DAYS** from sale. No returns on drop ship/third party shipments.

**PRODUCTS AND POLICIES SUBJECT TO CHANGE WITHOUT NOTICE**



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## A-25

Vitamin A is essential to a broad range of physiological processes. It is vital to eye health and is particularly important for optimal night and low-light vision.\* Vitamin A affects gene regulation, cell growth, bone metabolism, and skin health.\* Supplementation with vitamin A supports immune health by maintaining the integrity of the cells that line the airways and digestive tract.\* It may play a role in triggering immune cells into action.\* Bio-Tech's A-25 is formulated with a dry, water-soluble preparation of vitamin A palmitate. The Palmitate form of vitamin A occurs naturally in fish, eggs, and dairy products.

- Essential nutrient for eye, bone, and skin health\*
- Promotes optimal night and low-light vision\*
- Supports a healthy immune system\*
- Dry, water-soluble preparation of vitamin A palmitate

**Ordering Options:** 218A / 100 Capsules

**Ingredients:** Vitamin A (as vitamin A palmitate, 25,000 IU), Modified Food Starch, Gelatin Capsule, Maltodextrin, Medium Chain Triglycerides, Sucrose, Sodium Ascorbate, Silicon Dioxide, Mixed Tocopherols, and Microcrystalline Cellulose

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin A (as vitamin A palmitate)	7,500 mcg RAE (25,000 IU)	833%



## Arginine

Arginine is an amino acid, a chemical building block that makes proteins. It is converted in the body into a chemical called nitric oxide that maintains a healthy blood flow and cardiovascular health.\* Arginine also plays an important role in urea metabolism and immune system health.\* Research indicates that supplementation with arginine also promotes tissue recovery and repair after exercise, injury, or surgery.\*

- Maintains healthy blood flow and cardiovascular health\*
- Supports immune system health\*
- Supports tissue recovery and repair after exercise, injury, or surgery\*
- Formulated with pure, natural L-Arginine

**Ordering Options:** 498A / 100 Capsules

**Ingredients:** L-Arginine HCl 600 mg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
L-Arginine HCl	600 mg	*

\* Daily value not established.



## AndroDIM

Formulated by Dr. Denise Rose Mark, AndroDIM is a combination of ingredients that support healthy cellular function, body composition, and mood.\* AndroDIM contains diindolymethane, a phytonutrient supplied in small amounts by cruciferous vegetables such as broccoli, cabbage, and kale. Supplementation with diindolymethane promotes estrogen balance in both men and women by increasing 2-hydroxy estrogens and reducing 16-hydroxy estrogens.\* AndroDIM also includes vitamins, minerals, and herbal extracts as synergistic ingredients that support men's reproductive health and overall health for both men and women.\*

- Supports breast, cervical, uterine, and prostate tissues\*
- Balances estrogen metabolism in both men and women\*
- Promotes healthy cellular function, body composition, and mood\*
- Provides additional support for men's reproductive health\*

**Ordering Options:** 446A / 90 Capsules

**Ingredients:** Diindolymethane (DIM) 300 mg; Vitamin E (75 IU); Vitamin B6 30mg; Folic Acid 12,000 mcg, B12 3,000 mcg; Zinc 15 mg; Selenium 100 mcg; Copper 1 mg Other Ingredients (1257 mg): Arginine HCl; Saw Palmetto Extract; Nettle Root Extract; Tribulus Extract; Lycopene; Bioperine, Gelatin Capsule, Silica, Modified Food Starch, Glucose Syrup, Corn Starch, DL- $\alpha$ -Tocopherol, and Sodium Ascorbate. Contains Soy.

Supplement Facts		
Serving Size 3 Capsules		
Servings Per Container 30		
	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	50 mg	333%
Vitamin B6 (as pyridoxal 5'-phosphate)	30 mg	1,765%
Folate (12,000 mcg Folic Acid)	20,000 mcg DFE	5,000%
Vitamin B12 (as methylcobalamin)	3,000 mcg	125,000%
Zinc (as zinc methionine)	15 mg	100%
Selenium (as L-selenomethionine)	100 mcg	182%
Copper (as copper lysinate)	1 mg	111%
Diindolymethane (DIM)	300 mg	*
Proprietary Complex containing:	1,137 mg	*
* Daily value not established.		



## B-Stress (B Complex)

B vitamins are essential nutrients that play roles in a wide range of physiological processes.\* An adequate intake of these nutrients is critical for healthy metabolism and energy production.\* Supplementation with B vitamins also supports cardiovascular, immune, and nervous system health.\* Most B vitamins are not stored in the body, so they are best acquired on a daily basis. Unfortunately, the B vitamin content of many foods is destroyed or lost during cooking and processing. B-Stress is formulated with the eight essential B vitamins, plus other supporting nutrients, providing a convenient way to meet daily nutritional requirements.

- Supports cardiovascular, immune, and nervous system health\*
- Aids in healthy metabolism and energy production\*
- Formulated with eight essential B vitamins\*

**Ordering Options:** 301A / 100 Capsules

**Ingredients:** Thiamine HCl (50 mg); Riboflavin (50 mg); Niacin (as niacin and niacinamide, 75 mg); Vitamin B6 (as pyridoxine HCl, 50 mg); Folate (2,200 mcg) as folic acid and Quatrefolic (L-5'-methyltetrahydrofolate, glucosamine salt); Vitamin B12 (as methylcobalamin, 100 mcg); Biotin (500 mcg); Pantothenic Acid (as calcium pantothenate, 50 mg); Proprietary Blend (Choline bitartrate, inositol, para-aminobenzoic acid, 92 mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Thiamine HCl	50 mg	4,167%
Riboflavin	50 mg	3,846%
Niacin (as niacin and niacinamide)	75mg NE	469%
Vitamin B6 (as pyridoxine HCl)	50 mg	2,941%
Folate (as folic acid and Quatrefolic <sup>®</sup> -L-5'-methyltetrahydrofolate glucosamine salt)	3,667 mcg DFE (2,200 mcg)	917%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Biotin	500 mcg	1,667%
Pantothenic Acid (as calcium pantothenate)	50 mg	1,000%
Choline (as choline bitartrate)	30 mg	5%
Inositol	30 mg	*
PABA (Para-Aminobenzoic Acid)	30 mg	*

\* Daily value not established.



## B2-400

Vitamin B2 (Riboflavin) is a nutrient that is essential for energy production and the metabolism of carbohydrates, fats, and proteins.\* Riboflavin is found in small quantities (less than 1 mg) in a variety of foods, but some individuals may benefit from much higher doses.\* B2-400 is a unique formula that provides 400mg of pure riboflavin per capsule. Research suggests that 400mg of riboflavin per day may help certain individuals maintain mental clarity, healthy mood, and optimal productivity.\*

- Supports mental clarity, healthy mood, and optimal productivity\*
- Unique, high-dose formula providing 400mg of riboflavin
- Essential nutrient for energy production\*

**Ordering Options:** 349A / 100 Capsules

**Ingredients:** Riboflavin (400 mg), Microcrystalline Cellulose, Gelatin Capsule, Silica

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Riboflavin	400 mg	30,770%



## B3-500

Vitamin B3 (Niacin) is an essential nutrient for healthy metabolism and energy production.\* Research indicates that vitamin B3 supports cardiovascular health by promoting good circulation and healthy blood lipid metabolism.\* Supplementation with vitamin B3 also supports digestive, nerve, and skin health.\* B3-500 is formulated with inositol niacin, a source of vitamin B3 that is unlikely to cause flushing and other side effects that are associated with high-dose niacin supplementation.\* B3-500 does not include binders and fillers that are commonly found in other flush-free or slow-release niacin products.

- Supports cardiovascular, nerve, and skin health\*
- Promotes good circulation and healthy lipid metabolism\*
- Formulated to minimize flushing and other side effects\*

**Ordering Options:** 369A / 100 Capsules

**Ingredients:** Niacin (from 677 mg of inositol niacin, 500 mg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Niacin (from inositol niacin)	500 mg NE	3,125%



## B6-Folic Acid

B6-Folic Acid is formulated with a combination of B vitamins that are important for maintaining healthy homocysteine levels.\* Homocysteine is a byproduct of protein metabolism that can damage connective tissues and contribute to oxidative stress. High-protein diets, poor nutrition, and genetic factors can result in elevated homocysteine levels. However, supplementation with vitamin B6, folate, and vitamin B12 can balance homocysteine metabolism.\* B6-Folic Acid is formulated with the active forms of these nutrients, providing support for cardiovascular, bone, and nervous system health.

- Maintains healthy homocysteine levels\*
- Supports cardiovascular, bone, and nervous system health\*
- Formulated with active forms of vitamin B6, folate, and vitamin B12\*

**Ordering Options:** 248A / 100 Capsules

**Ingredients:** Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate), 100 mg; Folate (as folic acid and Quatrefolic L-5 methyltetrahydrofolate glucosamine salt, 5,000 mcg); Vitamin B12 (as methylcobalamin, 1000 mcg), Microcrystalline Cellulose, Gelatin Capsule, Maltodextrin

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine HCl and pyridoxal 5'-phosphate)	100 mg	5,882%
Folate (as folic acid and Quatrefolic® L-5-methyltetrahydrofolate glucosamine salt)	8,333 mcg DFE	2,083%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%



## B12-Methyl

Vitamin B12 is an essential nutrient with roles in energy production, red blood cell formation, and DNA synthesis.\* Research indicates that vitamin B12 may support cardiovascular health by balancing homocysteine metabolism.\* Supplementation with vitamin B12 may also promote healthy cognitive function and facilitate restful sleep.\* Obtaining adequate amounts of vitamin B12 from diet alone may be difficult for vegetarians and individuals with digestive disorders. B12-Methyl provides 1000 mcg of methylcobalamin, an active form of vitamin B12 that is more bioavailable than commonly used cyanocobalamin.\*

- Supports cardiovascular and nervous system health\*
- Important for energy production and metabolism\*
- Promotes healthy cognitive function and restful sleep\*
- Formulated with methylcobalamin, a bioavailable form of vitamin B12\*

**Ordering Options:** 455A / 100 Capsules

**Ingredients:** Vitamin B-12 (as methylcobalamin, 1,000 mcg), Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (Vegetable) Capsule, Maltodextrin

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%



## Bio-Flav

Bio-Flav is a unique combination of herbal ingredients formulated by our in-house team to support general health and oxidative stress protection.\*

- Curcumin – A natural extract derived from turmeric root. Curcumin is a potent antioxidant that can protect against oxidative stress and regulate normal inflammatory responses.\*
- Olive Leaf Extract – A rich source of antioxidant compounds, which can protect cells and tissues against oxidative stress and also supports optimal immune and cardiovascular health.\*
- Green Tea Extract – A great source of bioavailable compounds, including polyphenols, that help protect against oxidative stress.\*
- Citrus Bioflavonoid Complex – Supports optimal immune and vascular health and protects cells from free radicals that can damage DNA.\*
- Grape Seed Extract – A concentrated natural extract that contains excellent antioxidant compounds including proanthocyanidins.\*
- Rosemary Extract – A great source of antioxidants and is known to support healthy memory function\*
- Grape Skin Extract – An excellent source of compounds that support cardiovascular health and contains antioxidants that protect against oxidative stress.\*
- Andrographis Paniculata Extract – Supports optimal immune health.\*
- Bilberry Extract – Related to the blueberry, bilberry is recognized as a good source of flavonoids.\*
- Ginkgo biloba Extract – Maintains healthy blood flow, acts as an antioxidant, and has also been known to support memory function.\*
- Giant Knotweed Extract – A concentrated source of resveratrol, a polyphenol which can help to support healthy cardiovascular function.\*
- BioPerine® (a registered trademark of Sabinsa Corp.) – Extract derived from black pepper. It is known to support healthy gastrointestinal absorption.\*

**Ordering Options:** 260A / 60 Capsules

**Ingredients:** Proprietary Complex 1259 mg (Turmeric/curcuma longa complex (rhizomes), Olive Leaf extract, Green Tea extract (leaf), Grape Skin extract, Lemon Bioflavonoid Complex, Andrographis paniculata extract (whole plant) Resveratrol (from polygonum cuspidatum root), Bilberry extract (fruit), Ginkgo biloba extract (leaf), BioPerine black pepper extract (fruit), Hydroxypropyl Methylcellulose (Vegetable) Capsule

### Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 20

Amount Per Serving	% Daily Value
Proprietary complex	1,259 mg *
<small>Turmeric/<i>Curcuma longa</i> complex (rhizomes), Olive Leaf extract, Green Tea extract (leaf), Grape Seed extract, Rosemary extract (leaf), Grape Skin extract, Lemon Bioflavonoid Complex, <i>Andrographis paniculata</i> extract (whole plant), Resveratrol (from <i>polygonum cuspidatum</i> root), Bilberry extract (fruit), <i>Ginkgo biloba</i> extract (leaf), BioPerine® black pepper extract (fruit)</small>	

\* Daily value not established.



## Bio-Max Immune

Bio-Max Immune is a unique formulation developed to support and bolster the immune system. Vitamin C and vitamin D3 are essential to support immune system health. Quercetin, Elderberry, and Echinacea are potent botanicals and antioxidants that contribute to immune health and wellness. The formula is rounded out with Zinc, a mineral critical to supporting optimal immune health and overall health.

- Loaded with essential vitamins and minerals for immune system support\*
- Powerful botanicals, Vitamin C, and Zinc provide potent antioxidant support by eliminating free radicals and maintaining healthy immune responses\*
- Zinc, Vitamin D3, and Vitamin C are all important factors in maintaining normal healthy function of many of the body's physiological processes including metabolism, tissue repair, immune system function, and more\*
- Developed to combine these ingredients into one pure and potent formulation that works together to maintain immune health throughout seasonal and environmental challenges\*

**Ordering Options:** 552A / 60 Capsules

**Ingredients:** Hydroxypropyl Methylcellulose (Vegetable) Capsule

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	500 mg	558%
Vitamin D3 (as cholecalciferol)	125 mcg (5,000 IU)	625%
Zinc (as zinc L-methionine)	50 mg	455%
Elderberry Concentrate ( <i>Sambucus nigra</i> ) (Fruit)	100 mg	*
Quercetin dihydrate	400 mg	*
Echinacea Extract ( <i>Echinacea purpurea</i> ) (Flower and Leaf)	300 mg	*

\* Daily value not established



## Bromase®

Bromelain is an extract from pineapples that contains a mixture of proteolytic (protein-digesting) enzymes and other compounds. Bromelain supports muscle, joint, and cardiovascular health by promoting normal inflammatory responses and good circulation.\* Supplementation with bromelain may also reduce swelling, bruising, and healing time following injury or surgery.\* When taken with food, bromelain may be useful as a digestive aid.\* Long-term use of bromelain is generally well tolerated, even at doses of 2-3 grams per day.\* Bromase® is formulated with concentrated bromelain from pineapple stem.\*

- Supports muscle, joint, and cardiovascular health\*
- Promotes normal inflammatory responses and good circulation\*
- Reduces swelling, bruising, and healing time following injury or surgery\*
- Useful as a digestive aid\*

**Ordering Options:** 151180A / 180 Capsules

**Ingredients:** Bromelain (full strength, 500 mg), Gelatin Capsule, Maltodextrin

### Supplement Facts

Serving Size 3 Capsule

	Amount Per Serving	% Daily Value
Bromelain (full strength)	1500 mg	*

\* Daily value not established.



## C-1000

Vitamin C is an essential nutrient that is water soluble which allows it to be easily metabolized in the body. It is known to be a powerful antioxidant that protects cells from damage by free radicals. Vitamin C is also required for the synthesis of connective tissues in blood vessels and bones, making it important in tissue repair following injury or surgery. Because of its role in the production of connective tissues, it is also important for skin and joint health. In addition, supplementation with vitamin C supports immune system health and aids in the balance of normal histamine levels. C-1000 provides 1,000 mg of vitamin C per capsule.

Supplement Facts		
Serving Size 1 Capsules		
	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	1,000 mg	1,111%

- Essential nutrient and powerful antioxidant\*
- Promotes tissue repair after injury or surgery\*
- Supports immune system health and normal histamine levels\*
- Water soluble nutrient

**Ordering Options:** 526250A / 250 Capsules

**Ingredients:** Vitamin C (as ascorbic acid) 1,000mg, Hydroxypropyl Methylcellulose (Vegetable) Capsule



## C-Max

Vitamin C, also known as ascorbic acid, is an essential nutrient and powerful antioxidant that supports overall health.\* Vitamin C is required for the synthesis of connective tissues in blood vessels and bones, making it important for tissue repair following injury or surgery.\* Supplementation with vitamin C also supports immune system health and aids in the balance of normal histamine levels.\* C-Max provides a buffer to vitamin C acidity with a blend of natural citrus bioflavonoids and fully-reacted mineral ascorbates, which are less acidic than ascorbic acid and are gentle on the digestive system.\*

Supplement Facts		
Serving Size 2 Capsules		
Servings Per Container 50		
	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid & magnesium, manganese, & zinc ascorbates)	1,000 mg	1,111%
Magnesium (as magnesium ascorbate)	80 mg	19%
Zinc (as zinc ascorbate)	10 mg	91%
Manganese (as manganese ascorbate)	2 mg	87%
Potassium (as potassium aspartate)	20 mg	<1%
Proprietary blend: Quercetin dihydrate, lemon bioflavonoid complex, lemon pectin cellulose complex, bromelain	130 mg	-

\* Daily value not established.

- Essential nutrient and powerful antioxidant\*
- Supports immune system health and normal histamine levels\*
- Promotes tissue repair after injury or surgery\*
- Formulated to buffer vitamin C and citrus bioflavonoid acidity\*

**Ordering Options:** 374A / 100 Capsules; 374250A / 250 Capsules

**Ingredients:** Vitamin C (1000mg); Magnesium (80 mg); Zinc (10 mg); Manganese (2 mg); Potassium (20 mg); Proprietary Blend (130 mg, Quercetin dihydrate, lemon bioflavonoid complex, lemon pectin cellulose complex, bromelain), Gelatin Capsule



## C-Buff

Vitamin C, also known as ascorbic acid, is an essential nutrient and powerful antioxidant that supports overall health.\* Vitamin C is required for the synthesis of connective tissues in blood vessels and bones, making it important for tissue repair following injury or surgery.\* Supplementation with vitamin C also supports immune system health and aids in the balance of normal histamine levels.\* C-Buff provides a buffer to vitamin C acidity with a blend of fully-reacted mineral ascorbates, which are less acidic than ascorbic acid and are gentle on the digestive system. C-Buff powder is a powerful and convenient way to obtain large doses of vitamin C.\*

Supplement Facts		
Serving Size 1 level teaspoon		
Servings Per Container 70		
	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid & magnesium, manganese, & zinc ascorbates)	2,000 mg	2,222%
Magnesium (as magnesium ascorbate and aspartate)	125 mg	30%
Zinc (as zinc ascorbate)	15 mg	136%
Manganese (as manganese ascorbate)	2.5 mg	109%
Potassium (as potassium aspartate)	50 mg	1%

- Essential nutrient and powerful antioxidant\*
- Supports immune system health and normal histamine levels\*
- Promotes tissue repair after injury or surgery\*
- Formulated to buffer vitamin C acidity\*

**Ordering Options:** 100A / 8oz

**Ingredients:** Vitamin C (as ascorbic acid & magnesium, manganese, & zinc ascorbates 2,000 mg); Magnesium (as magnesium ascorbate and aspartate, 125 mg); Zinc (as zinc ascorbate, 15 mg); Manganese (as manganese ascorbate 2.5 mg); Potassium (as potassium ascorbate, 50 mg)



## Cal-Citrate

Calcium is an essential component of a healthy diet and plays a role in a wide range of physiological processes.\* It is vital to the proper development and maintenance of healthy bones and teeth.\* Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.\* Calcium is also important for metabolism, muscle contraction, neurotransmission, and immune system regulation.\* Cal-Citrate is formulated with pure calcium citrate, which is more bioavailable and generally better tolerated than calcium carbonate.\*

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	200 mg	15%

- Supports healthy bones and teeth\*
- Adequate calcium may reduce the risk of osteoporosis\*
- An excellent complement to vitamin D supplements for optimal bone health\*
- Formulated with pure, bioavailable calcium citrate\*

**Ordering Options:** 124A / 100 Capsules; 124250A / 250 Capsules

**Ingredients:** Calcium (as calcium citrate, 200mg), Gelatin Capsule





## Carnitine

L-Carnitine is an amino acid that transports fatty acids in the mitochondria of cells.\* This occurs during the catabolism of lipids to generate energy.\* This process allows, lipids, or fats, to not accumulate in areas.\* Research has indicated that L-Carnitine also maintains a healthy red blood cell count.\* Natural carnitine is found in red meat and other animal sources. Supplementation may be recommended to achieve optimal levels. Bio-Tech Carnitine uses biologically active L-Carnitine Fumarate instead of the inactive D-Carnitine enantiomer.\*

- Important for energy production\*
- Helps maintain a healthy red blood cell count\*
- Formulated with Lonza brand Carnipure L-Carnitine Tartrate

**Ordering Options:** 401100A / 100 Capsules

**Ingredients:** L-Carnitine 400mg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
L-Carnitine (as Carnipure® L-Carnitine Tartrate)	400 mg	*



## Cu-1.5

Copper is an essential trace mineral that plays a role in a wide range of physiological processes, including iron metabolism, red blood cell formation, and nervous system function.\* Copper also aids in the production of strong, flexible connective tissue in the bones, joints, and cardiovascular system.\* Copper-dependent enzymes cytochrome c and superoxide dismutase (SOD) play roles in energy production and the elimination of harmful free radicals.\* Cu-1.5 is formulated with the amino acid complex copper lysinate, which is more bioavailable than commonly used inorganic salts such as cupric oxide and cupric sulfate.\*

- Supports cardiovascular and nervous system health\*
- Aids in the maintenance of healthy connective tissues\*
- Facilitates energy production and the elimination of free radicals\*
- Formulated with bioavailable copper lysinate\*

**Ordering Options:** 527A / 100 Capsules

**Ingredients:** Copper (as Copper Lysinate 1.5mg), Microcrystalline Cellulose, Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Copper (as copper lysinate)	1.5 mg	167%



## CrM

Chromium is a trace mineral that plays a role in carbohydrate and fat metabolism. It also acts as a co-factor in the enhancement of insulin function.\* Supplementation with chromium may assist in the maintenance of blood sugar and cholesterol levels already within the normal range.\* Chromium may also aid in appetite control and weight management.\* CrM is formulated with ChromeMate®, a biologically-active form of niacin-bound chromium called chromium polynicotinate, ChromeMate® is more bioactive than other forms of chromium, such as chromium choloride or chromium picolinate.\*

- Helps maintain blood sugar and cholesterol levels already within the normal range\*
- Supports healthy metabolism and lean body mass\*
- Important nutrient in carbohydrate and fat metabolism\*
- Formulated with bioactive ChromeMate®

**Ordering Options:** 106A / 100 Capsules

**Ingredients:** Chromium (as chromium polynicotinate, 200mcg), Microcrystalline Cellulose, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Chromium (as ChromeMate® chromium polynicotinate)	200 mcg	571%



## Curcumin

Curcumin is a natural extract derived from turmeric root, which has been used for centuries to add flavor and color to many Asian foods. Current research indicates that curcumin is a potent antioxidant that can protect against oxidative stress and regulate normal inflammatory responses.\* Supplementation with curcumin promotes cognitive, joint, and cardiovascular health.\* Curcumin also aids in the chemical detoxification by supporting the liver and kidneys.\* Bio-Tech Curcumin is formulated with Curcumin C3 Complex® from Sabinsa, which has been used in numerous clinical studies and is trusted for its consistent quality.

- Supports cognitive, joint, and cardiovascular health\*
- Aids in chemical detoxification\*
- Excellent source of potent antioxidants\*
- Helps regulate normal inflammatory responses\*

**Ordering Options:** 422A / 100 Capsules

**Ingredients:** Curcuminoid complex (Turmeric/Curcuma longa rhizomes, 450mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Curcumin C3 Complex® (Standardized to 95% curcuminoids) (from Turmeric/Curcuma longa rhizomes)	450 mg	*

\*Daily value not established



## D-Mannose (50gm, 100gm, Encapsulated)

Mannose is a simple sugar that occurs naturally in fruits such as cranberries and pineapples. The human body metabolizes only small amounts of mannose, while most is excreted unchanged. As mannose is flushed out of the body, it helps maintain a healthy bladder and urinary tract.\* Supplementation with mannose should not interfere with blood sugar regulation because very little is converted into glucose.\* D-Mannose products are formulated with pure, all-natural D-Mannose and are available in both powder and encapsulated forms.

- Supports bladder and urinary tract health\*
- Does not interfere with blood sugar regulation\*
- Formulated with pure, all-natural D-mannose
- Available in powder or encapsulated forms

**Ordering Options:** 40750A / 50 Capsules; 407A / 100 Capsules; 34250A / 50 g Powder; 342A / 100 g Powder

**Ingredients:** D-Mannose (350mg), Gelatin Capsule (for Encapsulated Version Only)

### Supplement Facts

	Amount Per Serving	% Daily Value
D-Mannose	350 mg	*

\*Daily value not established

### Supplement Facts

	Amount Per Serving	% Daily Value
D-Mannose	0.9 grams	*

\*Daily value not established.



## Vitamin D3 (1,000 IU, 5,000 IU, 50,000 IU)

Vitamin D functions as a hormone, a chemical messenger with widespread effects in the human body.\* It is important for optimal bone, cardiovascular, neuromuscular, and immune health.\* Adequate calcium and vitamin D throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.\* Supplementation with vitamin D may be necessary to meet daily needs, since obtaining sufficient vitamin D from natural food sources and sun exposure alone can be difficult. Vitamin D3 (Cholecalciferol) is approximately 87 percent more potent than vitamin D2 for raising and maintaining vitamin D blood levels.\*

- Supports bone, cardiovascular, neuromuscular, and immune health\*
- Adequate calcium and vitamin D may reduce the risk of osteoporosis\*
- Dry, water-soluble (taste-free, odor-free, hypoallergenic) preparation of natural vitamin D3 (cholecalciferol)
- More potent than vitamin D2 for raising vitamin D blood levels\*

**Ordering Options:** 454A / 100 Capsules; 454250A / 250 Capsules;

**Ingredients:** Vitamin D3 (as cholecalciferol, 1,000IU, 5,000IU, or 50,000IU), Gelatin Capsule

### Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (as cholecalciferol)	25 mcg (1,000 IU)	125%



## D3Plus

Bio-Tech's D3Plus is formulated with important co-factors that work synergistically with vitamin D to maximize potential health benefits.\* Vitamin D functions as a hormone, a chemical messenger that has widespread effects within the human body. In addition to its role in the development of strong bones, vitamin D is important for optimal cardiovascular, neuromuscular, and immune health.\*

- Excellent source of natural vitamin D3 (cholecalciferol)
- Minerals important for vitamin D metabolism, including magnesium, zinc, and boron
- Vitamin K2 to direct calcium deposition to bones instead of soft tissue, a factor in both skeletal and cardiovascular health\*

**Ordering Options:** 48460AA / 60 Capsules; 484180A / 180 Capsules

**Ingredients:** Vitamin D3 (as cholecalciferol, 5,000 IU); Vitamin K2 as menaquinone-7, 80 mcg); Magnesium (as magnesium citrate, 120 mg); Zinc (as zinc L methionine, 12 mg); Boron (as boron citrate, 3 mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

### Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (as cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K <sub>2</sub> (as menaquinone-7)	80 mcg	67%
Magnesium (as magnesium citrate)	120 mg	29%
Zinc (as zinc L-methionine)	12 mg	109%
Boron (as boron citrate)	3 mg	*

\* Daily value not established



## D3-K2

This product is specially formulated to contain both vitamin D3 and vitamin K2. Vitamin D3 functions as a hormone, a chemical messenger with widespread effects in the human body.\* It is important for optimal bone, cardiovascular, and immune health.\* In addition to these benefits, vitamin D3 also promotes calcium absorption.\* Vitamin K refers to a group of compounds that vary in their absorption, metabolism, and tissue distribution.\* It works with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.\* Vitamin K also activates proteins involved in normal blood coagulation which is important for vascular health.\* Bio-Tech uses vitamin K2 as menaquinone-7 which is highly bioavailable.\*

- Supports bone, cardiovascular, and immune health\*
- Promotes calcium absorption and transport to bones\*
- Formulated with natural vitamin D3 (cholecalciferol) and vitamin K2 as menaquinone-7

**Ordering Options:** 523A / 120 Capsules

**Ingredients:** D3 (Cholecalciferol), 10,000 IU-K2 (menaquinone-7), 100 mcg, Hydroxypropyl Methylcellulose (Vegetable) Capsule

### Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (as cholecalciferol)	250 mcg (10,000 IU)	1,250%
Vitamin K <sub>2</sub> (as menaquinone-7)	100 mcg	83%



## DIM

Formulated by Dr. Denise Rose Mark, DIM is a combination of ingredients that support healthy breast, cervical, uterine, and prostate tissues.\* DIM contains diindolylmethane, a phytonutrient supplied in small amounts by cruciferous vegetables such as broccoli, cabbage, and kale. Supplementation with diindolylmethane promotes estrogen balance in both men and women by increasing 2-hydroxy estrogens and reducing 16-hydroxy estrogens.\* A favorable ratio of 2-hydroxy estrogens and 16-hydroxy estrogens promotes healthy cellular function, body composition, and mood.\* DIM also includes B vitamins, vitamin E, and selenium as synergistic nutrients that support overall health.\*

- Supports breast, cervical, uterine, and prostate tissues\*
- Balances estrogen metabolism in both men and women\*
- Promotes healthy cellular function, body composition, and mood\*

**Ordering Options:** 441AA / 100 Capsules

**Ingredients:** Vitamin E (as d-alpha tocopheryl succinate, 100 IU); Vitamin B6 (as pyridoxal 5'-phosphate, 10 mg); Folic Acid (4,800 mcg); Quatrefolic, L-5'-methyltetrahydrofolate, glucosamine salt, 200 mcg; Vitamin B12 (as methylcobalamin, 1000 mcg); Selenium (as L-selenomethionine, 100 mcg); Diindolylmethane (DIM, 100 mg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving		% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	27 mg	180%
Vitamin B6 (as pyridoxal 5'-phosphate)	10 mg	588%
Folate (as folic acid and Quatrefolic® L-5'-methyltetrahydrofolate glucosamine salt)	8,333 mcg DFE	2,083%
Vitamin B12 (as methylcobalamin)	1,000 mcg	41,667%
Selenium (as L-selenomethionine)	100 mcg	182%
Diindolylmethane (DIM)	100 mg	*

\* Daily value not established.



## DMAE

Dimethylaminoethanol, also known as DMAE or deanol, is a naturally occurring compound that can be found in foods such as anchovies and sardines. DMAE is a precursor to choline and acetylcholine, which are chemicals in the nervous system responsible for neurotransmission, muscle contraction, and cognition.\* DMAE may be more bioavailable to the central nervous system than choline.\* Supplementation with DMAE supports healthy mood and emotional well-being.\* It may also promote optimal memory and an improved ability to maintain focus.\* DMAE supplies DMAE as the salt, bitartrate.

- Supports healthy memory, mood, and focus\*
- Provides a precursor to the neurotransmitter acetylcholine\*
- Could be preferable to choline supplementation\*
- Formulated with DMAE bitartrate

**Ordering Options:** 523A / 120 Capsules

**Ingredients:** D3 (Cholecalciferol), 10,000 IU-K2 (menaquinone-7), 100 mcg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
DMAE Bitartrate (Providing 100mg of DMAE (2-dimethylaminoethanol))	291 mg	*

\* Daily value not established.



## E-400 Clear

Vitamin E refers to a group of fat-soluble antioxidants that protect cells and tissues by eliminating harmful free radicals.\* As a potent antioxidant, vitamin E may support cardiovascular, immune, and nervous system health.\* Although vitamin E is present in a variety of foods, many individuals do not obtain sufficient amounts from their diet. Vitamin E naturally occurs in eight different forms, but research suggests that vitamin E as d-alpha-tocopherol is the most biologically active.\* E-400-Clear provides 400 IU of natural d-alpha-tocopherol as dry vitamin E succinate.

- Supports cardiovascular, immune, and nervous system health\*
- Potent lipid-soluble antioxidant\*
- Provides natural d-alpha-tocopherol\*
- Formulated with dry vitamin E succinate

**Ordering Options:** 043A / 100 Capsules

**Ingredients:** Vitamin E (as d-alpha-tocopheryl succinate, 400 IU), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	268 mg (400 IU)	1,787%



## E-Max 1000

Vitamin E refers to a group of fat-soluble antioxidants that protect cells and tissues by eliminating harmful free radicals.\* As a potent antioxidant, vitamin E may support cardiovascular, immune, and nervous system health.\* Although vitamin E is present in a variety of foods, many individuals do not obtain sufficient amounts from their diet. Vitamin E naturally occurs in eight different forms, but research suggests that vitamin E as d-alpha-tocopherol is the most biologically active.\* E-Max 1000 provides 1000 IU of natural d-alpha-tocopherol.

- Supports cardiovascular, immune, and nervous system health\*
- Potent lipid-soluble antioxidant\*
- Provides natural d-alpha-tocopherol

**Ordering Options:** 063A / 100 Capsules

**Ingredients:** Vitamin E (Natural) natural d-alpha-tocopherol with natural mixed tocopherols, 1000 IU, Gelatin, Glycerin, Water

Supplement Facts		
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Vitamin E (natural d-alpha tocopherol)	670 mg (1,000 IU)	4,467%



## Evac (Psyllium Fiber - Powder and Encapsulated)

Dietary fiber is an essential part of a healthy diet. Insoluble fiber promotes digestive regularity and can help relieve occasional constipation.\* Soluble fiber plays an important role in cardiovascular health by maintaining normal cholesterol and blood sugar levels.\* Diets low in saturated fat and cholesterol that include seven grams of soluble fiber per day from psyllium seed husk may reduce the risk of heart disease.\* Most individuals consume less fiber than is recommended for good health, but Evac Psyllium Fiber provides a good supplemental source of both insoluble and soluble fiber. Psyllium fiber can also aid in appetite control and weight management by promoting satiety, or the feeling of being full.\*

### Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 1 teaspoon (3 g) Servings Per Container 113		
Calories	10	
Total Carbohydrates	3 g	1%
Dietary Fiber	3 g	12%
Soluble Fiber	2 g	*
Insoluble Fiber	1 g	*
Psyllium Seed Husk ( <i>Plantago ovata</i> )	3 g	*

†Percent Daily Value based on a 2,000 calorie diet.  
\*Daily value not established.

- Supports cardiovascular health and may help maintain normal levels of cholesterol\*
- Promotes digestive regularity and may aid in weight management\*
- A good source of both soluble and insoluble fiber\*
- All-natural psyllium seed husk fiber, sugar-free, with no net digestible carbohydrates

**Ordering Options:** 021A / 12oz Powder; 463A / 180 Capsules

**Ingredients:** Psyllium Seed Husk (*plantago ovata*) 3g, Gelatin Capsule (For Encapsulated Version Only)



## Evening Primrose

Evening Primrose oil (EPO) is derived from the seeds of the *Oenothera biennis* plant. EPO provides a rich source of gamma-linolenic acid (GLA), an essential omega-6 fatty acid with many physiological roles. GLA is a precursor to arachidonic acid, which is an important component of healthy brain and muscle tissue.\* Research suggests that GLA may support joint and immune system health by regulating normal inflammatory responses.\* Supplementation with GLA may help maintain the look and feel of healthy skin.\* GLA is also beneficial to women's reproductive health.\*

- Supports immune, joint, and skin health\*
- Provides gamma-linolenic acid, a beneficial omega-6 fatty acid\*
- May regulate normal inflammatory responses\*
- Beneficial to women's reproductive health\*

**Ordering Options:** 034A / 100 Softgels

**Ingredients:** Evening Primrose Oil (500mg); Providing: Gamma-Linolenic Acid (Omega-6, 48mg), Gelatin, Glycerin, Water

### Supplement Facts

	Amount Per Serving	% Daily Value*
Serving Size 1 Softgel		
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%
Evening Primrose Oil	500 mg	*
Gamma Linolenic Acid (Omega-6)	48 mg	*

†Percent Daily Value based on a 2,000 calorie diet.  
\*Daily value not established.



## FA-8 (Folic Acid 800mcg)

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy but is required for proper growth and maintenance of cells throughout life.\* Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord defect.\* Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.\* Cooking often reduces the natural folate content of food. However, supplementation with folic acid can provide a stable, bio-available form of folate.

- Supports cardiovascular, bone, and brain health\*
- Provides an essential nutrient for all stages of life\*
- May reduce the risk of brain or spinal cord birth defects\*
- Formulated with a stable, bioavailable form of folate

**Ordering Options:** 265A / 100 Capsules

**Ingredients:** Folic Acid (800mcg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

### Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 1 Capsule		
Folate	1,333 mcg DFE (800 mcg Folic Acid)	333%



## Fe-20

Iron is an essential mineral that plays a role in a wide range of physiological processes, including energy production, red blood cell formation, and oxygen transport in the blood.\* Iron also aids in the elimination of harmful chemicals and is important for healthy immune system function.\* Obtaining adequate amounts of iron from diet alone may be difficult for vegetarians, individuals with digestive disorders, and women of childbearing age.\* Fe-20 is formulated with iron gluconate, a bioavailable form of iron that is gentle on the digestive system.\*

- Essential mineral for energy production and oxygen transport.\*
- Supports immune health and the elimination of harmful chemicals\*
- Formulated with a gentle and bioavailable form of iron\*

**Ordering Options:** 326A / 100 Capsules

**Ingredients:** Iron (Gluconate, 20mg), Gelatin Capsule

Specialized child-proof lid that meets all sealed product standards

### Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 1 Capsule		
Iron (as iron gluconate)	20 mg	111%



## Folic Acid (5mg, 20mg)

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy but is required for proper growth and maintenance of cells throughout life.\* Adequate folate in healthful diets may reduce the risk of having a child with a brain or spinal cord birth defect.\* Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.

- Supports cardiovascular, bone, and brain health\*
- Provides an essential nutrient for all stages of life\*
- May reduce the risk of brain or spinal cord birth defects\*
- Formulated with a stable, bioavailable form of folate

**Ordering Options:** 343A / 100 5mg Capsules; 344A / 100 20mg Capsules

**Ingredients:** Folic Acid (5,000 mcg, 20,000 mcg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Folate	1,333 mcg DFE (800 mcg Folic Acid)	333%

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Folate	33,400 mcg DFE (20,000 mcg Folic Acid)	8,350%



## Glutamine

Glutamine is the most abundant free amino acid in the human body. It acts as an energy and nitrogen source for growing cells and aids in the maintenance of pH balance.\* Glutamine plays an important role in digestion and nutrient absorption by maintaining the integrity of intestinal cells.\* Research indicates that glutamine may benefit immune system health by supporting the viability and activity of immune cells.\* Supplementation with glutamine promotes tissue recovery and repair after exercise, injury, or surgery.\*

- Supports digestive and immune system health\*
- Promotes tissue recovery and repair after exercise, injury, or surgery\*
- Important for muscle growth and maintenance\*
- Formulated with pure, natural L-Glutamine

**Ordering Options:** 236A / 100 Capsules

**Ingredients:** L-Glutamine 500mg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
L-Glutamine	500 mg	*

\* Daily value not established



## Hydroxy-Citrate

Hydroxycitric acid is a derivative of citric acid which is a critical component for the metabolism of macronutrients.\* It is naturally found in the tropical plant Garcinia cambogia. The effects of hydroxycitric acid on the generation of fatty acids have been extensively studied. Research indicates that hydroxycitric acid blocks enzymes that are responsible for the production of fatty acids.\* It has also been known to support appetite control.\* Bio-Tech Hydroxy-Citrate uses Citrin® (a registered trademark of Sabinsa Corp.) which is standardized for a minimum of 50 percent hydroxycitric acid and is obtained from the dried fruit rinds of Garcinia cabogia.

- May help regulate fatty acid synthesis\*
- May help support appetite control\*
- Formulated with Citrin® (a registered trademark of Sabinsa Corp.)

**Ordering Options:** 515A / 120 Capsules

**Ingredients:** Calcium (from Citrin, 95mg); Hydroxycitric Acid (from Citrin, 250mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Calcium (from Citrin®)	95 mg	7%
Hydroxycitric Acid (from Citrin®)	250 mg	*

\* Daily value not established



## Iodine

Iodine is a trace mineral that plays an important role in maintaining overall health.\* It is an essential component of thyroid hormones, which are responsible for regulating growth, metabolism, and energy production.\* Iodine is also critical for fetal development during pregnancy.\* Research indicates that iodine promotes antioxidant activity in certain tissues and may support the immune system.\* Iodine is formulated with potassium iodide, a common source of iodine.

- Supports thyroid and immune health\*
- Aids in healthy metabolism and energy production\*
- Important for fetal development during pregnancy\*
- Formulated with potassium iodine

**Ordering Options:** 519A / 100 Capsules

**Ingredients:** Iodine (as potassium iodide): 2,000mcg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Iodine (as potassium iodide)	2,000 mcg	1,333%



## K-99 (Gluconate)

Potassium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and acid-base balance.\* Potassium aides in the transport of nutrients in and out of cells, which makes it a vital component in many bodily functions.\* Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.\* It also works with sodium in the body to promote a healthy water balance along with normal muscle and nerve function.\* Potassium is found in several different foods, however supplementation may be necessary to ensure optimal levels.\* Bio-Tech K-99 (Gluconate) is formulated with potassium gluconate.

### Supplement Facts

	Amount Per Serving	% Daily Value
Potassium (as potassium gluconate)	99 mg	2%

- Supports muscle contraction, neurotransmission, and acid-base balance\*
- Helps maintain normal blood pressure and cardiovascular health\*
- Promotes a healthy water balance\*
- Formulated with potassium bicarbonate

**Ordering Options:** 242A / 100 Capsules

**Ingredients:** Potassium (Gluconate, 99mg), Gelatin Capsule



## K-Mag-60

Potassium and magnesium are essential minerals that play a role in a wide range of physiological processes. Potassium and magnesium aspartate can help promote healthy muscle and nerve function.\* Magnesium serves as a cofactor for hundreds of enzymes and is important in the uptake and metabolism of nutrients such as calcium and vitamin D.\* Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.\* Potassium and magnesium are found in several different foods, however supplementation may be necessary to ensure optimal levels.\* Bio-Tech uses a formulation of equal parts potassium and magnesium.

### Supplement Facts

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate)	60 mg	14%
Potassium (as potassium aspartate)	60 mg	1%

- Supports healthy muscle and nerve function\*
- Essential cofactor in vitamin D and calcium metabolism\*
- Helps maintain normal blood pressure and cardiovascular health\*
- Formulated with potassium aspartate and magnesium aspartate.

**Ordering Options:** 136A / 100 Capsules

**Ingredients:** Magnesium (as magnesium aspartate, 60mg): Potassium (as potassium aspartate, 60mg), Gelatin Capsule



## K-Bicarb

Potassium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and acid-base balance.\* Potassium aides in the transport of nutrients in and out of cells, which makes it a vital component in many bodily functions.\* Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.\* It also works with sodium in the body to promote a healthy water balance along with normal muscle and nerve function.\* Potassium is found in several different foods, however supplementation may be necessary to ensure optimal levels.\* Bio-Tech K-Bicarb is formulated with potassium bicarbonate.

### Supplement Facts

	Amount Per Serving	% Daily Value
Potassium (as potassium bicarbonate)	99 mg	2%

- Supports muscle contraction, neurotransmission, and acid-base balance\*
- Helps maintain normal blood pressure and cardiovascular health\*
- Promotes a healthy water balance\*
- Formulated with potassium bicarbonate

**Ordering Options:** 307A / 100 Capsules

**Ingredients:** Potassium (as potassium bicarbonate, 99mg), Gelatin Capsule



## K1-1000

Vitamin K1 refers to a group of similar compounds that vary in their absorption, metabolism, and tissue distribution. These essential nutrients work together with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.\* Vitamin K also activates proteins involved in normal blood coagulation and clot formation following injury or surgery.\* Vitamin K1 is found naturally in green leafy vegetables and many other healthy foods. K1-1000 is formulated with a dry preparation of vitamin K1.

### Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin K <sub>1</sub> (as phytonadione)	1,000 mcg	833%

- Supports bone and cardiovascular health\*
- Directs calcium deposits to bones instead of soft tissue\*
- An excellent complement to calcium and vitamin D supplements for optimal bone health\*
- Formulated with a dry preparation of vitamin K1

**Ordering Options:** 409A / 100 Capsules

**Ingredients:** Vitamin K1 (as phyonadione), 1000mcg, Gelatin Capsule



## Lacto-Pectin

Lacto-Pectin includes six probiotic strains to provide maximum digestive support. The human gastrointestinal tract is home to trillions of bacterial organisms. For healthy individuals, these bacteria perform many helpful functions: digestion, vitamin and hormone production, and immune system regulation. The body's natural balance of good bacteria can be disrupted by changes in diet, travel, or stress. Lacto-Pectin is formulated to supply beneficial bacteria, known as probiotics, that can help balance and support overall digestive health.\*

- Beneficial to overall digestive and immune health\*
- Supports a healthy balance of good intestinal bacteria when used daily\*
- May help control digestive disruptions caused by diet, travel, or stress\*
- Formulated with six Lactobacillus and Bifidobacterium probiotic strains

**Ordering Options:** 094A / 100 Capsules

**Ingredients:** Proprietary Blend (from freeze-dried organisms) Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus plantarum, 20 billion cfu), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Proprietary Blend (from freeze-dried live organisms)	20 billion cfu**	*
<i>Bifidobacterium longum</i>		*
<i>Lactobacillus acidophilus</i>		*
<i>Lactobacillus rhamnosus</i>		*
<i>Bifidobacterium breve</i>		*
<i>Lactobacillus casei</i>		*
<i>Lactobacillus plantarum</i>		*

\* Daily value not established. \*\* At the time of manufacture



## Lith-Oro (5mg, 20mg)

Lithium is a trace mineral found throughout the human body. It plays a role in the regulation of neurotransmitter activity, gene expression, and nerve cell health.\* Supplementation with lithium may support healthy mood, optimal memory, and cognitive function.\* Research suggests that lithium may limit the harmful effects of toxins and oxidative stress on the brain and nervous system.\* Lith-Oro contains lithium orotate, a complex of lithium with orotic acid.

- Supports brain and nervous system health\*
- Promotes healthy mood, memory, and cognitive function\*
- May limit harmful effects of toxins and oxidative stress\*
- Formulated with lithium complexes

**Ordering Options:** 450A / 5mg 100 Capsules; 537A / 20mg 100 Capsules

**Ingredients:** Lithium (as lithium orotate) 5mg, 20mg, Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Lithium (as lithium orotate)	5 mg	*

\* Daily value not established

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Serving	% Daily Value	
Lithium (as lithium orotate)	20 mg	*

\* Daily value not established.



## Magnesium Citrate

Magnesium is an essential mineral that plays a role in a wide range of physiological processes, including muscle contraction, neurotransmission, and bone formation.\* It also serves as a cofactor for hundreds of enzymes and is important in the uptake and metabolism of nutrients such as calcium and vitamin D. Supplementation with magnesium may also support cardiovascular and immune health.\* Many individuals do not obtain sufficient magnesium from their diet. Magnesium citrate is more easily digested and absorbed in the body than other forms of magnesium.\*

- Supports bone, cardiovascular, and immune health\*
- Essential cofactor in vitamin D and calcium metabolism
- Important for enzyme function and energy production\*
- Formulated with a bioavailable form of magnesium\*

**Ordering Options:** 53260A / 60 Capsules, 532180A / 180 Capsules

**Ingredients:** Magnesium (as magnesium citrate, 150mg), Gelatin Capsule

Supplement Facts		
Serving Size 2 Capsules Servings Per Container 90		
	Amount Per Serving	% Daily Value
Magnesium (as magnesium citrate)	150 mg	36%



## MK-7

Vitamin K refers to a group of similar compounds that vary in their absorption, metabolism, and tissue distribution. These essential nutrients work together with vitamin D to direct calcium deposits to bones instead of soft tissues, providing support for both skeletal and cardiovascular health.\* Vitamin K also activates proteins involved in normal blood coagulation and clot formation following injury or surgery.\* Research indicates that vitamin K2 as menaquinone-7 is highly bioavailable and particularly important for healthy bone mineralization.\* MK-7 is formulated with vitamin K2 as all-natural menaquinone-7.

- Supports bone and cardiovascular health\*
- Directs calcium deposits to bones instead of soft tissue\*
- An excellent complement to calcium and vitamin D supplements for optimal bone health\*
- Formulated with vitamin K2 as natural menaquinone-7

**Ordering Options:** 469A / 100 Capsules

**Ingredients:** Vitamin K2 (as menaquinone-7), 150mcg, Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Vitamin K2 (as menaquinone-7)	150 mcg	125%



## Melatonin (1mg, 3mg, 5mg, 20mg)

Melatonin is a natural hormone secreted by the pineal gland of the human brain. It is important for maintaining normal circadian rhythms and sleep-wake cycles. Supplementation with melatonin may be beneficial for individuals with altered sleep schedules due to jet lag or shift work. It may also assist those who experience occasional sleeplessness.\* Melatonin is a potent antioxidant that may support immune, cardiovascular, and bone health.\* Natural production of melatonin from the amino acid L-Tryptophan may decrease with age.

- Natural hormone secreted by the pineal gland that may decrease with age\*
- Promotes healthy sleep-wake cycles and relaxation\*
- Antioxidant that may support immune, cardiovascular, and bone health\*

**Ordering Options:** 226A / 1mg 100 Capsules; 227A / 3mg 100 Capsules; 214A / 5mg 100 Capsules; 424A / 20mg 100 Capsules

**Ingredients:** Melatonin (1mg, 3mg, 5mg, 20mg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Melatonin	5 mg	*

\*Daily value not established.



## Melatonin SR (Sustained Release)

Melatonin is a natural hormone secreted by the pineal gland of the human brain. It is important for maintaining normal circadian rhythms and sleep-wake cycles. Melatonin SR is formulated to provide a gradual delivery of melatonin in the body throughout the night.\* Supplementation with melatonin may be beneficial for individuals with altered sleep schedules due to jet lag or shift work. It may also assist those who experience occasional sleeplessness.\* Melatonin is a potent antioxidant that may support immune, cardiovascular, and bone health.\*

- Sustained release is formulated for a gradual release of melatonin inside the body\*
- Promotes healthy sleep-wake cycles and relaxation\*
- Antioxidant that may support immune, cardiovascular, and bone health\*

**Ordering Options:** 548A / 2mg 60 Capsules

**Ingredients:** Melatonin (as MicroActive® Melatonin) (2mg). Other Ingredients: Hydroxypropyl Methyl Cellulose, Sodium Alginate, Microcrystalline Cellulose, Carnauba Wax (Plant Extract), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Melatonin (as MicroActive® Melatonin)	2 mg	*

\*Daily value not established



## Methylfolate (5-MTHF)

Folate is an essential nutrient that is involved in the synthesis and metabolism of DNA and certain amino acids. It is especially important during pregnancy and infancy but is required for proper growth and maintenance of cells throughout life.\* Adequate folate in healthful diets may reduce a woman's risk of having a child with a brain or spinal cord birth defect.\* Research suggests that supplementation with folate may support cardiovascular and bone health by balancing homocysteine metabolism.\* Some individuals have a limited ability to convert folic acid to the active form of folate. However, methylfolate is formulated with a safe, stable, and water-soluble form of natural 5-methyltetrahydrofolate.

- Supports cardiovascular, bone, and brain health\*
- Provides an essential nutrient for all stages of life\*
- May reduce the risk of brain or spinal cord birth defects\*
- Formulated with natural 5-methyltetrahydrofolate

**Ordering Options:** 502A / 60 Capsules

**Ingredients:** Folate (as Calcium L-5-Methyltetrahydrofolate glucosamine salt, 2,000mcg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Folate (As Quatrefolic® L-5-Methyltetrahydrofolate glucosamine salt)	3,333 mcg DFE	833%



## Molybdenum Citrate

Molybdenum is a trace element that plays important roles in maintaining overall health.\* It acts as a cofactor for several enzymes in the body.\* These enzymes are catalysts in reactions that breakdown harmful substances in the body.\* It also works with an enzyme that is necessary for the metabolism of sulfur-containing amino acids.\* Supplementation with molybdenum may be necessary to ensure adequate levels of this essential trace mineral.\* Bio-Tech uses molybdenum citrate, a common form of molybdenum.

- Essential mineral for the action of specific enzymes\*
- Aides in the breakdown of harmful substances\*
- Formulated with molybdenum citrate

**Ordering Options:** 282A / 100 Capsules

**Ingredients:** Molybdenum (as molybdenum citrate, 30mcg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Molybdenum (as molybdenum citrate)	30 mcg	67%





## Olive Leaf Extract

The fruit, oil, and leaves of the olive tree have a long tradition of use in supporting good health and nutrition.\* Olive leaf extracts are a rich source of antioxidant compounds, which can protect cells and tissues against oxidative stress.\* Supplementation with olive leaf extract also promotes normal inflammatory responses and good circulation.\* Research indicates that olive leaf extract supports optimal immune and cardiovascular health.\* Olive Leaf Extract is formulated with a high-quality extract of Olea europaea leaves.

- Supports immune and cardiovascular health\*
- Source of antioxidants that protect against oxidative stress\*
- Promotes normal inflammatory responses and good circulation\*
- Formulated with a high-quality extract of Olea europaea leaves

**Ordering Options:** 334A / 1 mg 100 Capsules

**Ingredients:** Olive Leaf Extract (500mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Olive Leaf Extract	500 mg	*

\* Daily value not established.



## Omega Oil

Omega-3 essential fatty acids are healthy fats that have important functional roles. These nutrients are not synthesized by the human body and must be obtained from the diet. Fish oils are a rich source of the omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). DHA is the most abundant omega-3 fatty acid in the brain and retina. Clinical research suggests that both DHA and EPA are important for maintaining mental health.\* Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.\*

- Sustained release is formulated for a gradual release of melatonin inside the body\*
- Promotes healthy sleep-wake cycles and relaxation\*
- Antioxidant that may support immune, cardiovascular, and bone health\*

**Ordering Options:** .073A / 100 Softgels

**Ingredients:** Marine Lipid Concentrate (50% Omega-3, 1,000mg); EPA (Eicosapentaenoic Acid, 300mg); DHA (Docosahexaenoic Acid, 200mg); Total Omega-3 Fatty Acids: 500 mg, Gelatin, Glycerin, Purified Water, Mixed Tocopherols

Supplement Facts		
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value†
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Marine Lipid Concentrate	1,000 mg	*
Omega-3 Fatty Acids	500 mg	*
EPA (eicosapentaenoic acid)	300 mg	*
DHA (docosahexaenoic acid)	200 mg	*

†Percent Daily Value based on a 2,000 calorie diet.  
\* Daily value not established.



## Osteo-Tech™

Bones are complex living structures that are constantly being rebuilt and repaired in response to growth, aging, and everyday stresses on the body. Building and maintaining bone requires more than just calcium and vitamin D, Osteo-Tech™ provides a unique combination of minerals, vitamins, and other co-factors that may contribute to healthy bones and joints.\*

- Bioavailable calcium and other minerals important for calcium metabolism and bone structure, including magnesium, zinc, manganese, copper, and boron\*
- Adequate vitamin D3 for optimal calcium metabolism and utilization\*
- Vitamin K1 and vitamin K2 as menaquinone-7 (MK-7) to direct depositing calcium to bones instead of soft tissues, a factor in both skeletal and cardiovascular health\*
- Vitamin C, vitamin B12 as methylcobalamin, and folic acid for the maintenance of healthy bone collagen, which gives bones strength under stress\*

**Ordering Options:** 406A / 100 Capsules

**Ingredients:** Vitamin C (as manganese & zinc ascorbates, 66 mg); Vitamin D (as cholecalciferol 4,000 IU); Vitamin K (as phytonadione and MK-7, 165 mcg); Folate (as Quatrefolic L-5 methyltetrahydrofolate glucosamine salt, 400 mcg); Vitamin B12 (as methylcobalamin, 500 mcg); Calcium (as calcium citrate, 300 mg); Magnesium (as magnesium carbonate, 100 mg); Zinc (as zinc ascorbate, 8 mg); Copper (as copper lysinate, 0.9 mg); Manganese (as manganese ascorbate, 4 mg); Proprietary Blend, 240 mg (horsetail extract (stems and leaves), boron citrate, lemon bioflavonoid complex, lycopene), Gelatin Capsule

Supplement Facts		Amount Per Serving		% Daily Value	
Serving Size 1 Capsule					
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin C (as manganese & zinc ascorbates)	66 mg	73%	Calcium (as calcium citrate)	300 mg	23%
Vitamin D (as cholecalciferol)	4,000 IU	500%	Magnesium (as magnesium carbonate)	100 mg	24%
Vitamin K (as phytonadione and MK-7)	165 mcg	138%	Zinc (as zinc ascorbate)	8 mg	73%
Folate (as Quatrefolic L-5 methyltetrahydrofolate glucosamine salt)	400 mcg	100%	Copper (as copper lysinate)	0.9 mg	100%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%	Manganese (as manganese ascorbate)	4 mg	174%
			Proprietary Blend	240 mg	*

\* Daily value not established.



## Piperine

Black Pepper (Piper nigrum) is one of the most common spices in the world and has long been used in cooking and in traditional medicine. The active phenolic component of black pepper extract – piperine – has been shown to support gastrointestinal health by slowing intestinal transit and increasing absorption rates of nutrients. It is also a natural antioxidant and may support joint health. Piperine is formulated with a natural black pepper extract standardized to 95% piperine and provides 10mg of piperine per capsule.

- Supports digestive, joint, and immune health\*
- May enhance bioavailability of compounds and nutrients
- Natural antioxidant

**Ordering Options:** 448A / 100 Capsules

**Ingredients:** Black Pepper Extract (10mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Black Pepper Extract (Standardized to 95% Piperine)	10 mg	*

\* Daily value not established.



## Quercetin

Quercetin is a natural flavonoid that is found in many plants and foods. It has antioxidant effects that support a variety of health benefits including cardiovascular and gastrointestinal health.\* Not only does it act as an antioxidant, it also has anti-inflammatory effects.\* This is important to maintain healthy prostate function.\* Quercetin also acts as an antihistamine which allows it to play a role in supporting a healthy immune system and overall health.\*

- Excellent source of antioxidants\*
- Supports cardiovascular and gastrointestinal health\*
- May help maintain healthy prostate function\*
- Supports immune system health\*

**Ordering Options:** 418A / 100 Capsules

**Ingredients:** Quercetin Dihydrate (400mg), Hydroxypropyl Methylcellulose (Vegetable) Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Quercetin dihydrate	400 mg	*

\* Daily value not established.



## Sodium/Potassium Bicarb

Sodium and potassium are essential minerals that play a role in a wide range of physiological processes. They aid in the transport of nutrients in and out of cells, which makes them vital components in many bodily functions.\* They work together to promote a healthy water balance along with muscle and nerve function.\* Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.\* Sodium and potassium are found in several different foods, however, supplementation may be necessary to ensure optimal levels.\* Bio-Tech uses a formulation of equal parts sodium and potassium.

- Supports healthy muscle and nerve function\*
- Helps maintain normal blood pressure and cardiovascular health\*
- Promotes a healthy water balance\*
- Formulated with sodium bicarbonate and potassium bicarbonate

**Ordering Options:** 273A / 100 Capsules

**Ingredients:** Sodium, 81 mg (from 320 mg sodium bicarbonate); Potassium, 119mg (from 320 mg potassium bicarbonate)

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Sodium (from 320 mg sodium bicarbonate)	81 mg	4%
Potassium (from 320 mg potassium bicarbonate)	119 mg	3%



## Se-100

Selenium is a trace mineral that plays important roles in maintaining overall health.\* Enzymes that regulate thyroid hormone metabolism require selenium to function properly.\* Selenium is also essential for the action of certain antioxidant enzymes, which provide vital protection against oxidative stress.\* Research indicates that supplementation with selenium supports optimal immune, cardiovascular, and thyroid health.\* Se-100 provides selenium as the amino acid L-selenomethionine, which is found naturally in foods. L-Selenomethionine is more bioavailable than commonly used inorganic salts such as sodium selenite and sodium selenate.\*

- Supports immune, cardiovascular, and thyroid health\*
- Essential nutrient for the action of antioxidant enzymes\*
- Formulated with bioavailable L-selenomethionine\*

**Ordering Options:** 184A / 100 Capsules

**Ingredients:** Selenium (100% as L-Selenomethionine, 100mcg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Selenium (as L-selenomethionine)	100 mcg	182%



## Strontium Citrate

Bones are complex living structures that are constantly being rebuilt and repaired in response to growth, aging, and everyday stress.\* Strontium is one of the many nutrients essential for optimal bone health. This trace mineral plays a role in the maintenance of compact bone, which is the structural part of the skeletal system.\* Clinical research has shown that strontium balances bone formation and bone breakdown in favor of building stronger bones.\* It may also support healthy bone collagen, which gives bones strength under stress.\* Strontium competes with calcium for absorption, so it should be taken separately from calcium supplements or foods.

- Balances bone metabolism to help maintain healthy bones\*
- Supports healthy bone collagen\*
- Pure strontium citrate, providing 300mg of elemental strontium per capsule\*
- An excellent complement to calcium and vitamin D supplements for optimal bone health\*

**Ordering Options:** 477A / 100 Capsules

**Ingredients:** Strontium (as strontium citrate, 300mg), Gelatin Capsule

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Strontium (as strontium citrate)	300 mg	*

\* Daily value not established.



## Taurine

Taurine is an amino acid that plays important roles in the brain, eyes, heart, and digestive system.\* Taurine supports cardiovascular health by regulating muscle activity in the heart and blood vessels, improving lipid and cholesterol metabolism, and reducing oxidative stress.\* Supplementation with taurine may also promote optimal muscle performance and mental acuity.\* Taurine is a key constituent of bile, a digestive fluid that aids in the absorption of fat-soluble vitamins and other nutrients.\* Research suggests that taurine may also promote the elimination and detoxification of harmful chemicals from the body.\*

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Taurine	500 mg	*

\* Daily value not established.

- Supports cardiovascular and digestive health\*
- Promotes optimal muscle performance and mental acuity\*
- Aids in nutrient absorption and chemical detoxification\*
- Formulated with pure taurine

**Ordering Options:** 143A / 100 Capsules

**Ingredients:** Taurine 500mg, Gelatin Capsule



## Thisilbin (Milk Thistle)

Milk thistle extract is derived from the seeds of the Silybum marianum plant. This antioxidant-rich extract is known through tradition and research to support liver and kidney health.\* Supplementation with milk thistle extract promotes the production of bile, a digestive fluid that aids in nutrient absorption and chemical detoxification.\* Milk thistle extract may also support natural inflammatory responses and assist in the maintenance of blood sugar levels already within the normal range.\* Thisilbin is formulated with 300mg of milk thistle extract.\*

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
Milk Thistle Extract ( <i>Silybum marianum</i> , seed)	300 mg	*

- Supports liver and kidney health\*
- Aids in nutrient absorption and chemical detoxification\*
- Excellent source of antioxidants\*
- Helps maintain blood sugar levels already within the normal range\*

**Ordering Options:** 228A / 100 Capsules

**Ingredients:** Milk Thistle Extract, 300mg (*Silybum marianum* seed), Gelatin Capsule



## Tryptophan

Tryptophan is an essential amino acid, necessary as a building block for niacin (vitamin B3) and protein biosynthesis. It is also required for the production of the neurotransmitters: serotonin and melatonin, which are involved in the regulation of appetite, mood, and sleep.\* Supplementation with L-Tryptophan increases serotonin levels, which can influence the ability to relax, manage stress, and control food cravings.\* L-Tryptophan supports normal sleep-wake cycles and may be beneficial for individuals with altered sleep schedules.\* It may also assist those who experience occasional sleeplessness.\*

Supplement Facts		
Serving Size 1 Capsule		
	Amount Per Serving	% Daily Value
L-Tryptophan	500 mg	*

\* Daily value not established.

- Promotes stress management, relaxation, and appetite control\*
- Supports normal sleep patterns\*
- Increases serotonin levels\*
- Formulated with pure L-Tryptophan

**Ordering Options:** 451A / 100 Capsules

**Ingredients:** L-Tryptophan 500mg, Gelatin Capsule



## Tri-Salts™ (Powder and Encapsulated)

Tri-Salts™ is composed of calcium, potassium, and sodium, these essential minerals play a role in a wide range of physiological processes. Calcium is vital to the proper development and maintenance of healthy bones and teeth.\* Potassium and sodium aide in the transport of nutrients in and out of cells, which makes them vital components in many bodily functions.\* All three work together to promote a healthy water balance along with muscle and nerve function.\* Research indicates that having an adequate level of potassium maintains normal blood pressure and general cardiovascular health.\*

- Supports healthy muscle and nerve function\*
- Helps maintain normal blood pressure and cardiovascular health\*
- Promotes a healthy water balance\*
- Helps muscles contract and relax during strenuous exercise\*
- Supports the body's pH balance\*
- Formulated with calcium carbonate, potassium bicarbonate, and sodium bicarbonate

**Ordering Options:** 267A / 120 Gram Powder, 417A / 100 Capsules

**Ingredients: Powder:** Calcium, 317mg (from 833mg calcium carbonate); Sodium, 635mg (from 2,500mg sodium bicarbonate); Potassium 618mg (from 1,667mg potassium bicarbonate) **Encapsulated:** Calcium, 48mg (from 125mg calcium carbonate); Sodium, 95mg (from 375mg sodium bicarbonate); Potassium, 93mg (from 250mg potassium bicarbonate), Gelatin Capsule (For Encapsulated Version Only)

### Supplement Facts

	Amount Per Serving	% Daily Value
Calcium (from 125 mg calcium carbonate)	48 mg	4%
Sodium (from 375 mg sodium bicarbonate)	95 mg	4%
Potassium (from 250 mg potassium bicarbonate)	93 mg	2%



## Ubiquinol (CoQH-CF™)

Coenzyme Q10 (CoQ10) is essential for energy production in every cell and organ of the body. It supports the cardiovascular system by maintaining healthy heart muscle and blood vessels. The Reduced form of CoQ10 (ubiquinol) is also a powerful antioxidant that can protect against oxidative stress.\* The ability to convert conventional CoQ10 (ubiquinone) to the active form is significantly diminished with age, but Ubiquinol provides CoQ10 in a pre-converted form.\* Patent-pending CoQH-CF™ softgels contain Kaneka QH™ ubiquinol and are designed to keep the product stable and protected from oxidation.

- Supports cardiovascular health\*
- Essential for energy production
- Powerful, lipid-soluble antioxidant\*
- Provides the most bioavailable form of CoQ10\*

**Ordering Options:** 503A / 90 Softgels

**Ingredients:** Ubiquinol (CoQH-CF with Kaneka QH reduced coenzyme Q10, 50mg), D-Limonene Oil, Gelatin, Glycerin, Purified Water, Caprylic Acid, Capric Acid, Caramel Liquid, Alpha Lipoic Acid

### Supplement Facts

	Amount Per Serving	% Daily Value
Ubiquinol (Kaneka Ubiquinol™) (Reduced form CoQ10)	50 mg	*

\*Daily value not established.

## Zn-50



Zinc is an essential mineral that plays a role in a wide range of physiological processes, such as growth, development, and metabolism.\* Zinc serves as a cofactor for more than 100 enzymes, including superoxide dismutase (SOD), an important antioxidant enzyme.\* Adequate zinc intake is critical for optimal immune system function and tissue repair following injury or surgery.\* Supplementation with zinc may also support nervous system, eye, and reproductive health.\* Individuals at risk for zinc deficiency include vegetarians, those with digestive disorders, pregnant women, and older adults.\* Zn-50 is formulated with bioavailable zinc gluconate.\*

- Essential nutrient that supports overall health\*
- Promotes optimal immune health and tissue repair\*
- Supports nervous system, eye, and reproductive health\*
- Formulated with bioavailable zinc gluconate\*

**Ordering Options:** 249A / 100 Capsules

**Ingredients:** Zinc (as zinc gluconate, 50mg), Gelatin Capsule

### Supplement Facts

	Amount Per Serving	% Daily Value
Zinc (as zinc gluconate)	50 mg	455%



## Vita-Min

Vita-Min is a unique multi-vitamin/mineral product that contains essential nutrients needed for optimal health.\* Often times, the human diet does not receive all the necessary nutrients with today's processed foods. A high-quality multi-vitamin can help supplement the diet to ensure one is receiving enough of the recommended allowance of vitamins and minerals.\* Having a broad range of nutrients in one capsule is a simple and convenient way to fill the areas of nutrition that are lacking in our diets.\* Vita-Min's comprehensive formula includes vitamins A, C, D, E, K1, and K2 as well as many different B vitamins including thiamine, riboflavin, niacin, pyridoxine, biotin, folic acid, and B12 (methylcobalamin). Several minerals are also used in the formula including magnesium, iodine, zinc, selenium, copper, manganese, and potassium to name a few. These ingredients and more are all combined in one capsule to make a comprehensive product that supports our daily diet.

- Excellent source of essential vitamins and minerals\*
- Supplements the diet with vital nutrients\*
- Formulated in one simple, convenient capsule

**Ordering Options:** 240A / 100 Capsules, 240180A / 180 Capsules

**Ingredients:** Vitamin A (Natural Beta-Carotene, 5,000 IU); Vitamin C (Ascorbic acid, Magnesium & Manganese Ascorbates, 100 mg); Vitamin D3 (Cholecalciferol, 2000 IU); Vitamin E (d-Alpha Tocopherol Succinate, 80 IU); Vitamin K (Vitamin K1 & K2, 205 mcg); Thiamine (HCl, 25 mg); Riboflavin 25 mg; Niacin (Niacin/Niacinamide, 25 mg); Vitamin B6 (Pyridoxine HCl, 25 mg); Folic Acid (800 mcg Quatrefolic, L-5-tetrahydrofolate, glucosamine salt); Vitamin B12 (Methylcobalamin, 200 mcg); Biotin 500 mcg) Pantothenic Acid (d-calcium pantothenate, 20 mg) Iodine (potassium iodide, 200 mcg) Magnesium (ascorbate/aspartate, 15 mg) Zinc (methionine, 15 mg) Selenium (L-selenomethionine, 100 mcg) Copper (lysinate, 0.05 mg) Manganese (ascorbate, 0.20 mg) Chromium (polynicotinate, 200 mcg) Molybdenum (citrate, 200 mcg) Potassium (aspartate, 10 mg) Proprietary Complex, 50 mg (Inositol, Choline Bitartrate, p-Aminobenzoic Acid (PABA), Boron Citrate, Vanadium Citrate), Gelatin Capsule

### Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin A (Natural Beta-Carotene)	1,500 mcg RAE	167%
Vitamin C (Ascorbic Acid, Magnesium & Manganese Ascorbates)	100 mg	111%
Vitamin D3 (Cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (d-Alpha Tocopheryl Succinate)	53 mcg (80 IU)	353%
Vitamin K (Vitamin K1 & K2)	205 mcg	171%
Thiamine (HCl)	25 mg	2083%
Riboflavin	25 mg	1,923%
Niacin (Niacin/Niacinamide)	25 mg NE	156%
Vitamin B6 (Pyridoxine HCl)	25 mg	1,471%
Folic Acid (As Quatrefolic® L-5-Methyltetrahydrofolate glucosamine salt)	1,333 mcg DFE	333%
Vitamin B12 (Methylcobalamin)	200 mcg	8,333%
Biotin	500 mcg	1,667%
Pantothenic Acid (d-Calcium Pantothenate)	25 mg	500%
Iodine (as Potassium Iodide)	200 mcg	133%
Magnesium (Ascorbate/Aspartate)	15 mg	4%
Zinc (Zinc Methionine)	15 mg	136%
Selenium (L-Selenomethionine)	100 mcg	182%
Copper (Lysinate)	0.05 mg	5%
Manganese (Ascorbate)	0.20 mg	9%
Chromium (Polynicotinate)	200 mcg	571%
Molybdenum (Citrate)	200 mcg	444%
Potassium (Aspartate)	10 mg	<1%
Proprietary Complex	50 mg	*
Inositol, Choline Bitartrate, p-Aminobenzoic Acid (PABA), Boron Citrate, Vanadium Citrate		

\* Daily value not established



VITAMINS & SUPPLEMENTS